GENERAL VITAMIN CORPORATION PO BOX 900044 RALEIGH NC 27675 919-929-5785 FAX 919-929-2294

DEC 3 0 2003

December 11, 2003

CERTIFIED MAIL Return Receipt Requested

Office of Special Nutritionals HFS-450 Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW Washington, D.C. 20204

To Whom It May Concern:

This letter is submitted pursuant to Section 406 (r)(6) of the Federal Food, Drug, and Cosmetic Act for the purpose of notifying the agency of statements being made in connection with the marketing of dietary supplements being distributed by this company.

The product name and the dietary ingredients for which the statement is being made is as follows:

975 0162 LET 13595

86953